

# Peaceful Families



**Groups for Women and Children who have Witnessed or Experienced Violence in the Home.**

Groups will be offered for women and children (ages four to sixteen). There is no cost for the groups.

Arrangements may be made to assist with childcare and transportation expenses.

## Topics for children's group:

- ❖ Identifying & expressing feelings
- ❖ Changes in Families
- ❖ Safety
- ❖ Self-Esteem
- ❖ Understanding/defining abuse

## Topics for Mother's group:

- ◆ Impact of violence on children
- ◆ Parenting
- ◆ Personal safety for children
- ◆ Self Esteem and self-care

**Tuesday, March 13, 2018 &  
Wednesday, March 14, 2018  
9:30 a.m. to 3:00 p.m.**

For more information or to register please call  
**CCRC at (705) 742-4258**

