

Regional Geriatric Programs of Ontario is listening to caregivers!



Workshop for Caregivers

Are you caring for a family member or friend who is a senior (65 or older) with difficulties in one or more of the following areas?

- Walking
- Remembering
- Managing medications
- Managing meals
- Staying socially active

...Your caregiving story is valuable!

Wednesday September 19th, 2018

11:00am – 2:00pm

Location: Central Peterborough

Reserve your place: Email or call for details by September 17th

Light lunch will be provided

Contact us if you want to share your story, meet other caregivers and help us develop new tools for caregivers in Ontario.

Need help to get to the event? Need help caring for your loved one while you are attending? That's okay! Simply contact us and we may be able to help.

Email: sbacque@rgpo.ca or sgibbens@rgpo.ca

Phone: 905-376-8206 Website: rgps.on.ca