

**PRESS RELEASE**

FOR IMMEDIATE RELEASE

December 4, 2018

**WEEKLY PREVENTATIVE CARE CLINICS IN LAKEFIELD FOR PEOPLE WITHOUT HEALTHCARE PROVIDER**

**Lakefield, ON** – Weekly Women’s Wellness and Blood Pressure clinics begin this week at the PFHT Clinic for residents without a health care provider, such as a family doctor or nurse practitioner. These preventative care clinics will operate from the Morton Community Healthcare Centre located at 150 Strickland Street in Lakefield and run for six months starting Tuesday, December 4, 2018 for the Women’s Wellness and Thursday, December 6, 2018 for the Blood Pressure clinics.

The Women’s Wellness clinic, taking place every Tuesday, screens female patients for breast, colorectal, and cervical cancers by arranging mammography appointments, providing take-home Fecal Occult Blood Test (FOBT) kits, and conducting PAP smears at the clinic. The Blood Pressure clinics, taking place every Thursday, will check patients’ blood pressure to ensure it falls within the appropriate range. If patients fall outside of the recommend range, the nurse practitioner will offer appropriate treatment and follow-up care.

“I am very excited to start these new weekly clinics to provide health screenings for residents without a family doctor or nurse practitioner,” explains Lorie Dunford, nurse practitioner with the PFHT Clinic. “The Women’s Health and Blood Pressure clinics can identify any health ailments early so that they can be treated.”

“People without a healthcare provider do not have access to this type of comprehensive primary care,” explains Lori Richey, Executive Director with the Peterborough Family Health Team. “This all-encompassing model provides patients with many types of preventative screenings and also takes a holistic look at the patients to see if there are any social determinants of health that we can assist with. This can include where the patient lives, their income, ability to access healthcare and other social services. Our clinicians are always looking at the bigger picture as a means to provide the best care possible.”

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**For more information, please contact:**

Renee MacKenzie

Peterborough Family Health Team

*Phone:* 705-749-1564 ext. 316

*Email:* renee.mackenzie@peterboroughfht.com