

Indigenous Resources

| Organization | Contact / Position | Programs Offered | Email / website | Phone |
|----------------------------------|---|--|-----------------|-----------------|
| NiijKiwendidaa | Kate Brennan, Women's Employment & | Mno-Bimadizawin Good Life Skills | Kate@niijki.com | 705-741-0900 or |
| Anishnaabekwewag Services | Education Worker | Self Care | | 1-800-663-2696 |
| Circle | ext. 2:3 | Connection to Cultural identity | www.niijki.com | |
| 1097 Water St | | Self-Confidence Building | | |
| Peterborough, ON | | Anger Management | | |
| | | Time Management | | |
| | | Stress Management | | |
| | | Healthy Lifestyles and cooking classes | | |
| | | Budgeting | | |
| | | Volunteerism | | |
| | | Home keeping | | |
| Nogojiwanong Friendship | Lori Flynn, Executive Director | Prenatal and Family Support | apn@nogofc.ca | 705-775-0387 |
| Centre | | Children and Youth | | |
| 580 Cameron St | Nadia McLaren, Cultural Resources Coordinator | Youth Council | www.nogofc.ca | |
| Peterborough, ON | Contact to come to speak | Health | | |
| | | Healing | | |
| | Melinda Taylor, Healthy Living Program Worker | Cultural Resource Program | | |
| | | Court Worker Program | | |
| | Cynthia Gray, Healthy Kids Program | | | |
| | | | | |
| | Ashley Safar, Aboriginal Community Wellness | | | |
| | Diane Sheridan, Aboriginal Prenatal Nutrition | | | |
| | Worker – | | | |
| | | | | |
| | Matthew Olsen, Kizhaay Anishinaabe Niin | | | |
| | Program | | | |
| | Holon Casmov, Aboriginal Family Support | | | |
| | Helen Casmey, Aboriginal Family Support | | | |



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| | Worker | | | |
| | Bailley Taylor, Aboriginal Court Worker | | | |
| Central East Regional Cancer Program | Kathy MacLeod-Beaver, Aboriginal Navigator, ext 2554 | | kmacleodbeaver@lakeridgehealth.on.ca | 1-866-338-1778 or 1-905-576-8711 |
| Kagita Mikam Aboriginal Employment & Training | | 8 Satellite offices including: Curve Lake; Hiawatha and Peterborough | www.KagitaMikam.org | Curve Lake: 705-657-8045 ext 218 Hiawatha: 705-295-7110 or 705-295-4421 ext 10 Peterborough: 705-749-0101 |
| Curve Lake First Nation 22 Winookeeda Rd Curve Lake, Ontario KOL1R0 | | | www.curvewlakefirstnation.ca | 705-657-8045 |
| Hiawatha First Nation 123 Paudash Street, Hiawatha, ON | | | www.hiawathafirstnation.com | 705-295-4421 |
| NAAGDAWENMAG BINNOOJIIYAG Child and Family Services (DBCFS) 517 Hiawatha Line Hiawatha, ON | | | www.binnoojiiyab.ca | 705-295-7135 or 1-844-523-2237 |
| Lovesick Lake Native Women's Association 12 Albert Street, PO Box | | | www.llnwa.com | 705-652-8787 |



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| 1296 Lakefield, Ontario KOL 2H0 | | | | |
| Anishnawbe Health Toronto, Babishkhan Unit | Joe Hester, ED | | www. Aht.ca | 1-416-657-0379 |
| 22 Vaughn Road | Jane Harrision, Primary Care Mgr. | | jhester@aht.ca | |
| | Chris Pike | | jharrison@aht.ca | |
| | Concurrent Disorders Counsellor, Aboriginal Mental Health & Addictions Program, | | cpike@aht.ca | |
| Traditional Healer | Audrey Caskanette | | | 705-639-1257 |
| Traditional Healer | Pete Keshane – Curve Lake | | | Contact Marcie 705-657-2557 |
| Truth and Reconciliation Commission of Canada | | | www.trc.ca | 1-888-872-5554 or 1-204-984-5915 |
| 1500-360 Main St Winnipeg, Manitoba R3C 3Z3 | | | info@trc.ca | |
| Southern Ontario Aboriginal Diabetes Initiative – East | | Programs and services focusing on the education, prevention, and management of | www.soadi.ca | 1-613-697-6604 |
| Region Curve Lake | | diabetes in Indigenous communities, both on and off-reserve | fwweast@soadi.ca | |
| | | Focuses on the Mind (Family Wellness), the Body (Circle of Care) and the Spirit (Traditional Knowledge) * includes coaching and workshops for service providers, as well | | |
| | | as webinars and resources | | |



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| Ontario Aboriginal Housing | | | http://www.ontarioaboriginalhousing.c | Telephone: 705-742- |
| Services | | Ontario Aboriginal Housing Services is a | a/properties/peterborough/ | 5698 |
| Southeastern Ontario | Rhonda Smith, CIHCM | corporation with a mandate to provide safe | | Toll Free: 844-742-5698 |
| 721 Monaghan Road, | Property Manager, | and affordable housing to urban and rural | Email: rsmith@oahssc.ca | Fax: 705-742-7073 |
| Peterborough, ON K9J 0J7 | | First Nation, Inuit and Métis people living | | |
| | Trish Schneider, CIHCM | off-Reserve in Ontario. Our vision is to lead | Email: tschneider@oahssc.ca | |
| | Property Administrator Assistant | the design, development and delivery of a | | |
| | | sustainable and culturally appropriate | | |
| | Karen Watts | continuum of housing that promotes | Email: kwatts@oahssc.ca | |
| | Client Services and Building Coordinator | excellence in the community and | | |
| | | organizational infrastructures. | | |
| | Tara Drury | | | |
| | Client Services and Building Coordinator | | Email: tdrury@oahssc.ca | |
| | | | | |
| | Andrew Casey | | Email: andrew@oahssc.ca | |
| | Client Services and Building Coordinator | | | |
| | | | 5 11 0 1 | |
| | Cory Smith | | Email: cory@oahssc.ca | |
| | Client Services and Building Coordinator | | | |
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| Peterborough Native | | You can also join us at one of our two | https://onlc.ca/programs/peterborough | 705-741-0798 or toll-free |
| Learning Program Unit 6-360 | | satellite offices: | -native-learning-program/ | 1-800-211-6048 Fax: 705-740-7262 |
| George Street North | | Lakefield: Mondays from 9:00 am to 12:00 | donna@pnlp.org | FdX. 705-740-7202 |
| Peterborough ON K9H 7E7 | | pm | http://www.pnlp.org | |
| | | · | | |
| | | Curve Lake: Tuesday, Thursday or Friday | | |
| | | from 9:00 am to 12:00 pm | | |
| Métis Nation of Ontario | Carolyn King | The Metis Nation of Ontario Healing and | http://www.metisnation.org/programs/ | 705- 876-8977 |
| -Healing and Wellness | Aging at Home Coordinator | Wellness Branch facilitates and coordinates | health-wellness/ | |
| Branch | | activities to address the holistic needs of | | |
| 340 Charlotte Street | | the Métis Nation in Ontario at the | carolynk@metisnation.org | |
| Peterborough Ontario | | provincial, regional and local levels. | | |
| <u>K9J2V9</u> | | | | |
| | | Holistic Aboriginal health includes the | | |
| | | physical, mental, emotional, spiritual and cultural aspects of life. Through an | | |
| | | understanding of self, a vision of | | |
| | | wellness balances body, mind and spirit and | | |
| | | is promoted through the healing | | |
| | | continuum. | | |
| | | | brittanymac@metisnation.org | (=0=) 0=0 0000 |
| | Brittany MacLeod Métis Family Well Being Coordinator | | www.metisnation.org | (705) 876-9806 |
| Trent University, First | Betty Carr-Braint, Cultural Advisor, Indigenous | | Email: bettycarrbraint@trentu.ca | 705-748-1011 ext 7072 |
| Peoples House of Learning | Counsellor | | www.trentu.ca/fphl/events-cultural- | |
| | | | programming | |
| | | | hannes Weldenston Britanish | |
| | | | https://elderstraditionalpeoplesgathering.co | |

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