

Do you need Non-Urgent Care?

Do you not have a family doctor or nurse practitioner?

Here are options for those living in the Peterborough area without a primary care provider:

PFHT Health Clinic

An appointment is **required**. Provides problem-specific care to unattached patients. Phones open on weekdays at 8:30 a.m. Dedicated child/youth appointments available (age: 0-17).

Call: 705-651-4866

Clinic hours: Visit

www.peterboroughfht.com for details.

Pediatric Outpatient Clinic (POP)

An appointment is **required**. Same-day appointments may be available. Phones are open Monday to Friday at 8:00 a.m.

Call: 705-740-8055

Clinic hours: Monday to Thursday 1:00 p.m. to 6:15 p.m., Fridays 1:00 p.m. – 4:00 p.m.

Health 811

A free, confidential service available by calling 811 or visiting healthconnectontario.health.gov.on.ca. You will speak with a registered nurse day or night, 24/7.

Jack Nathan Health - Medical Centre

Providing walk-in and urgent care services virtually.

Call: 705-408-1171

Website: jacknathanhealth.com

Good Doctors Sherbrooke

Providing telemedicine with onsite nurse.

Call: 705-304-1034

Website: gooddoctors.ca

Northcrest Pharmasave Medical Clinic

Walk-in clinic. Call to book an appointment.

Call: 705-743-1004

Website: pharmasave.com

East Region Virtual Care Clinic

Nurse Practitioner virtual care provides timely medical care.

Call: 1-888-684-1999

Website: www.virtualcareontario.ca

Well Baby Clinic

Providing babies age 2-18 months without a family doctor with routine check-up care. An appointment is **required**.

Call: 705-313-1603

Clinic hours: Tuesday & Friday from 9:00 AM – 4:30 PM.

Women's Healthcare Centre

Providing unattached women with birth control & sexual planning, pap smears, unplanned pregnancy support, sexual assault and domestic violence services. An appointment is **required**.

Call: 705-743-4132.

Clinic hours: Monday to Friday from 8:30 a.m. to 4:30 p.m.

The Medicine Shoppe Walk-In Clinic

Providing walk-in healthcare services.

Call: 705-743-8443

Clinic Hours: 9:00 AM - 6:00 PM Monday to Friday. 10:00 AM - 2:00 PM Saturday.

Enhanced Care Clinic

Healthcare services require an appointment.

Call: 705-874-8080

Clinic Hours: Call for hours.