

Do you need Non-Urgent Care?

Do you not have a family doctor or nurse practitioner?

Here are options for those living in the Peterborough area without a primary care provider:

PFHT Health Clinic

An appointment is **required**. Provides problem-specific care to unattached patients. Phones open on weekdays at 9:00 a.m. Dedicated child/youth appointments available (age: 0-17).

Call: 705-651-4866

Website: www.peterboroughfht.com

Women's Healthcare Centre

Providing unattached women with birth control & sexual planning, pap smears, unplanned pregnancy support, sexual assault and domestic violence services. An appointment is **required**.

Call: 705-743-4132

Clinic hours: Monday to Friday from 8:30 a.m. to 4:30 p.m.

Pediatric Outpatient Clinic (POP)

An appointment is **required**. Same-day appointments may be available. Phones are open Monday to Friday at 8:00 a.m.

Call: 705-740-8055

Clinic hours:

Monday to Thursday 1:00 p.m. to 6:15 p.m.
Fridays 1:00 p.m. to 4:00 p.m.

Well Baby Clinic

Providing babies age 2-18 months without a family doctor with routine check-up care. An appointment is **required**.

Call: 705-651-4866

Website: www.peterboroughfht.com

Health 811

A free, confidential service available by calling 811 or visiting health811.ontario.ca

You will speak with a registered nurse day or night, 24/7.

East Region Virtual Care Clinic

Nurse Practitioner virtual care provides timely medical care.

Call: 1-888-684-1999

Website: www.virtualcareontario.ca